

## Five Year-End Trends Investors Need to Watch

### Black Friday and Cyber Monday are both powerful stock market indicators

Black Friday, the day following Thanksgiving, marks the unofficial start of the holiday shopping season in the United States. It is synonymous with massive sales, long lines, and intense consumer activity. However, the origins of Black Friday paint a more nuanced picture of how this day evolved into a cornerstone of American consumer culture.

The term "Black Friday" initially emerged in the 1960s in Philadelphia, where it described the chaotic and congested streets as suburban shoppers flooded into the city after Thanksgiving to begin their holiday purchases. By the 1980s, retailers reframed the term with a more positive spin, linking it to the idea of businesses moving "into the black" (turning a profit) as holiday spending surged.

Over the decades, Black Friday has expanded from a single day of sales to a week-long or even month-long event. With the advent of e-commerce, retailers introduced Cyber Monday and extended discounts through November, redefining how and when consumers shop. Today, Black Friday is more than a shopping phenomenon; it's a cultural and economic indicator that underscores the vital role consumer spending plays in the U.S. economy.

# **Consumer Spending: The Engine of the U.S. Economy**

Consumer spending is the lifeblood of the U.S. economy, accounting for approximately two-thirds of the country's Gross Domestic Product (GDP). During

periods of strong consumer spending, the economy tends to experience growth, while dips in spending can signal economic slowdowns. Black Friday and the holiday shopping season are pivotal because they often provide insights into broader economic trends, such as consumer confidence, disposable income levels, and retail performance.

In 2024, consumer behavior during the Black Friday season will likely reflect broader economic conditions, including inflation trends, interest rate policies, and employment stability. Understanding these dynamics is critical for investors seeking clues about the direction of the stock market in the year ahead.

#### **Five Trends Investors Should Watch in 2024**

#### 1. Retail Sector Performance

The performance of retail stocks during the Black Friday season often serves as a bellwether for the market. In 2024, investors should closely monitor the earnings reports and sales forecasts from major retailers such as Walmart, Amazon, and Target. Strong results may indicate resilient consumer spending despite potential headwinds like inflation or higher interest rates.

#### 2. E-Commerce Growth

The shift toward online shopping continues to accelerate, with consumers favoring convenience and competitive pricing. Investors should look for trends in ecommerce growth, including increased

adoption of digital payment systems, the success of Buy Now, Pay Later (BNPL) services, and performance metrics from platforms like Shopify. Growth in this area may signal broader technological adoption and innovation within the economy.

#### 3. Consumer Confidence Index (CCI)

The CCI measures how optimistic consumers feel about their financial situations and the overall economy. A high CCI during the holiday season could translate into robust spending and a positive stock market outlook. Conversely, declining confidence could point to potential challenges ahead.

#### 4. Supply Chain Resilience

Supply chain disruptions in recent years have highlighted vulnerabilities in global trade. Investors should pay attention to whether retailers can meet demand without significant delays or shortages. Companies that have adapted their supply chains to handle fluctuations efficiently may see stronger stock performance.

#### 5. Inflation and Interest Rates

Persistent inflation and Federal Reserve policies on interest rates will shape consumer spending in 2024. Rising interest rates could dampen big-ticket purchases, such as electronics and home goods. Monitoring how these factors influence retail sales during Black Friday may provide insights into sectors like real estate, technology, and durable goods.

#### **The Trends Matter**

Black Friday is more than a day of discounts; it's a powerful economic indicator and a reflection of consumer behavior.

As we head into the final month of 2024, the holiday shopping season will serve as a critical lens through which investors, policymakers, and businesses assess the health of the economy. By tracking trends in retail performance, e-commerce, consumer confidence, supply chains, and inflation, investors can gain valuable insights into the potential direction of the stock market for the remainder of the year and into next year.